



SIX-WORD MEMOIRS

**live. contemplate.
learn. keep moving
forward.**

Grace Juhlin

**Looking ahead.
Looking back. No
middle.**

Gabe Oppenheim

**Striving to remain
childLIKE not -ish**

Mingo Reynolds

**The experience is
worth the risk.**

Arielle Brousse

**Finding balance
between meaning vs.
happiness.**

Chris Rippel

**Thanks for the
opportunity. Choose
one.**

Chris Rippel

**I still do not regret
anything.**

Katie Antonsson

**I am this now and
always.**

Anita Avent

**Talking without action
is just complaining**

Kevin Wold

**We all belong only to
time.**

Wendy Wolff

**love go up down
stop forget**

Seth Laracy

**live and die by your
words**

Talia Stinson

**Felled by dreams,
saved by friends**

Sylvie Beauvais

**It's simpler than they
tell you.**

Josh Kruger

**there's always
something to laugh
about.**

Kirsten Thorpe

**Brighter light makes
the shadow darker.**

Cindia Huang

**Make lemonade
when life presents
them**

Lyneisha Dickenson

**Never give up the
struggle.**

Irving Jones

**Love, pray, wait on
God's time.**

Kelly Bonnicksen

**I never believed this
would happen.**

Kailey Zitaner

**Wings on feet, story
in hand.**

Gionni Ponce

**Saved by grace,
free at last.**

Angela Vertucci

**Let go of it--it's
gone.**

Patricia Mary

**Often, it's not what
it seems.**

Pallavi Wakharkar

**handshakes are
good, hugs are
better**

Sammy Krouse

**Have yet to figure it
out!**

Cami Potter

**Dream it. Believe it.
Build it.**

Anthony LaFlamme

**Now only no past
no future**

Maude Bigelow



THEMES OF THE *SHEMA* AND ITS BLESSINGS

After reading the following blessings in your *siddur*, write 2-3 words or sketch an image that captures the themes of the blessing in your mind.

<p>יוֹצֵר אוֹר ☆ <i>Yotzer Or</i> (recited before the <i>Shema</i> in the morning)</p>	<p>אֶהְבֶּה רַבָּה ☆ <i>Ahava Rabbah</i> (recited before the <i>Shema</i> in the morning)</p>	<p>עֲזַרְת אֲבוֹתֵינוּ ☆ <i>Ezrat Avoteinu</i> (recited after the <i>Shema</i> in the morning)</p>
<p>מַעֲרִיב עֶרְבִים ☆ <i>Ma'ariv Aravim</i> (recited before the <i>Shema</i> in the evening)</p>	<p>אֶהְבֵּת עוֹלָם ☆ <i>Ahavat Olam</i> (recited before the <i>Shema</i> in the evening)</p>	<p>אֱמֶת וְאִמוּנָה ☆ <i>Emet ve'Emunah</i> (recited after the <i>Shema</i> in the evening)</p>
<p>הַשְׁכִּיבֵנוּ ☆ <i>Hashkiveinu</i> (recited after the <i>Shema</i> in the evening)</p>		



WRITING A SIX-WORD MEMOIR *

1. Consider your theme.
2. Fill the box with words related to that theme. It can be stream of consciousness writing. Do not worry about grammar or spelling.

A large, empty rectangular box with a blue dotted border, intended for students to write words related to their chosen theme.

3. Circle 2-3 items on the page that inspire you to say more.
4. From those items you circled, select one.

5. Free write about those items again for at least two minutes. Again, fill the page with whatever comes to mind.

A large rectangular writing area with a blue dotted border and horizontal lines. The area is intended for free writing.

6. Develop a 6-word phrase that captures a sense of your writing.

7. Refine as needed.

*Adapted from: Susanne Rasely-Philipps, "Tips on Writing a Six-Word Memoir" <https://www.youtube.com/watch?v=JSlen-udJ5A>